THRIVE @ SONRISE MAPLE RIDGE

JULY 2025



Activities may change due to weather, staffing, smoke, etc.

MON 7 **Opening Day!**

Balloon Bash, Ballistic Bubble & Water Wars

TUE 8

Splash Bash!

Spray Park Party Treats + Snacks!

WED 9

Bugging out

Beasts

THU 10

Alouette

Beach

Swim and explore!

FRI 11

Surrey Nature Center

Learn about the nature around us!

MON 14

Mundy Park

Treetop Playground and Nature Walk

TUE 15

Whonnock Lake

Swim, explore, and try the paddle boats!

WED 16

Mad Science Day!

Invent, explode, be wowed! Sticky, wet & wonderful science

THU 17

Canadian **Museum of Flight**

FRI 18

Maple Ridge Park Adventure

It's new and it's amazing!!

MON 21

Urban Safari & Redwood Park

TUE 22

Rochester Park

Playground with saucer swings + zipline!

WED 23

Safari Day

All things wild - games, crafts and animal explorations

THU 24

Kanaka Creek

Fish Farm & Hiking!

FRI 25

Outdoor Water Slides

@ Aldergrove Community Center

WED 30

How to Train Your Dragon

THU 31

Wet & Wild

Playground Hop & Treasure Hunt 🗺

FRI AUG 1

Fraser River Discovery Centre

Exhibits and Nature fun!

Due to our awesome activities, all kids must be on site by 9:30am and picked up after 4:00 pm unless pre-arranged.

EVERYDAY BRING LUNCH, SNACKS, WATER BOTTLE, SUNSCREEN, **DOUBLE STRAPPED** BACKPACK, **BATHING** SUIT, TOWEL, HAT, **SPARE SET of CLOTHES**

& BACK STRAPPED SANDALS... NO FLIP-FLOPS!!!!

For Safety Reasons Green Thrive T-Shirts are Mandatory for ALL **Out Trip Days**

Purple indicates a local day. No Thrive shirt required.

Light Blue indicates there will be a water activity!



MON 28

Langley Historical Fort

Check out the black smith, guard towers, fur trade & more!

5:00 pm TUE 29

Grouse Mountain

Grizzly bears and mountain adventure!



Day

THRIVE @ SONRISE MAPLE RIDGE AUGUST 2025



STEP RIGHT UP: Carnival Thematic Mornings and choice afternoon group! Program 9am-4pm

MON 4

CLOSED

for BC Day!

TUE 5

Adventure: Park Explorers Sports Camp: SPORTS &

bounce house

WED 6

Adventure: Carnival & **Bounce House**

Sports Camp: Out trip for

epic fun

THU 7

Adventure: Maple Ridge Spray Park

Sports Camp: Sports &

Wacky Water Games

FRI 8

Adventure: Wacky Water

Games

Sports Camp: Maple Ridge Spray Park and Field Sports

FRI 15

Lynn Canyon

Suspension Bridge

See the world at new heights!

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EVERYDAY BRING LUNCH, SNACKS, WATER

BOTTLE, SUNSCREEN, **DOUBLE STRAPPED**

BACKPACK, **BATHING**

SUIT, TOWEL, HAT,

SPARE SET of CLOTHES

& BACK STRAPPED SANDALS... NO FLIP-

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Step Right Up!! Sonrise Special Week!! Only \$120 for the week!

MON 11

Mundy Park

Treetop Playground and Nature Walk

MON 18

Maple Ridge Park

30 FT treehouse with

tube slides, Zipline, spray

bark & creek explorers!

Alouette Beach Beach Swimming &

TUE 12

Trails!

WED 13

Dino Day 🦸

Steal the Dino egg without getting eaten! Make your own mini Dino world!

WED 20

Wacky Water

THU 14

Meadows Family



Farm ****

Petting zoo, maze, & bouncy castle!

THU 21

Outdoor Water Slides

@ Aldergrove Community Center

FRI 22

Penzer Action Park

Parkour at the park + Icee treats!

FRI 29

THU 28

MON 25

Brydon Park

EXPLORE NATURE & Zipline!

TUE 19

Burnaby Village

Carousel ride

TUE 26

Redwood Park

Adventure

Create a forest fairy house!

Museum!

Games + Goodies!

WED 27

Minecraft Day!

Use your creativity in the REAL world of Minecraft!

Wildplay

Test your limits on the High Ropes course. A wild tree top adventure!

CLOSED

for clean up! Have an awesome school year!

